

**What does monodisciplinary mean:**

Nature of care:	Mainly delivered from one discipline. This does not mean that the patient is only seen by one discipline (beyond the involvement of the coordinating practitioner). This setting also applies if, for example, other disciplines support in the diagnosis or if the coordinating practitioner represents another discipline.
Types of teams that provide this care:	Independently operating disciplines where other disciplines are not or only to a limited extent invoked, but if necessary a psychiatrist or clinical psychologist can be called upon for consultation and advice.
Where does the care take place:	On location of healthcare provider or digitally.

**What does multidisciplinary mean:**

Nature of care:	*Besides the coordinating practitioner, two or more other (different) disciplines also have contact with the patient, and *These disciplines work together (usually in parallel) on the treatment goals within the treatment. This setting does not apply if the practitioners each only take care of part of the treatment serially, and *The necessity of deploying the various disciplines appears from the goals of the individual treatment plan.
Types of teams that provide this care:	*Multidisciplinary team, where the progress of the treatment is (also) discussed in a multidisciplinary consultation, and *a psychiatrist or clinical psychologist are members of the multidisciplinary team.
Where does the care take place:	On location of healthcare provider or digitally.